

# Skerryvore Practice Newsletter

December 2008

[www.skerryvorepractice.co.uk](http://www.skerryvorepractice.co.uk)

Issue 17



## *A message from Dr. Steven Beaven...*

*Working with Skerryvore Practice (or Doctors Peace and Beaven as it was in 1983) over the last 25 years has been an enormous privilege. The Practice has changed a great deal over that time, but I believe that the one thing that has remained constant has been our wholehearted commitment to our patients.*

*I have been particularly fortunate – doing work in which I have a passionate belief and which I have always enjoyed, being able to think of many, many patients as friends and working in a great team. And all of that in such a beautiful environment!*

*I am leaving the Practice and moving to Perthshire with mixed emotion. I am excited by the challenges of working in a new setting and developing links within a new community. At the same time, I will miss the practice team and all the patients who have made the last 25 years such a memorable time.*

*I would like to offer my thanks to all who have played a part in my time in Orkney. You will always be remembered with great affection and I wish you all well for the future. It is comforting to know that on leaving Skerryvore Practice it is in such good hands.*

If you would like to mark Dr. Beaven's leaving you can leave a card with your own personal message to Dr. Beaven and additionally, if you wish, you can also leave a donation towards a leaving gift. Boots and WHB Sutherlands are currently doing this on our behalf. The closing date for this is Monday 5 January.

## *You can now order your REPEAT PRESCRIPTION*

### *On-line*

*Log on to our web page at  
[www.skerryvorepractice.co.uk](http://www.skerryvorepractice.co.uk)  
double click on your prescription  
and follow the instructions.*

*We will then process your request and put it  
to the chemist.*

*Please remember that 48 hours notice is required  
for prescriptions.*

 Merry Christmas and a  
Happy New Year   
From All at Skerryvore Practice

## *Christmas and New Year Opening Times*

Christmas Eve Wednesday 24 December  
8:30am – 4:00pm

Closed Until Monday 29 December  
8.30am – 6:00pm

New Years Eve Wednesday 31 December  
8:30am – 4:00pm

Closed Until Monday 5 January  
8.30am – 6:00pm

**Please remember to order any repeat  
prescriptions before  
Monday 22<sup>nd</sup> December**



## **USEFUL TELEPHONE NUMBERS**

Skerryvore Practice	888240
Balfour Hospital	888000
NHS 24	08454 24 24 24
Community Nurses	888191
King Street Dental Clinic	875348

### *The Skerryvore Team*

Below are a list of all of our Doctors, Nurses and Health Care Assistants.



Dr. Peter Fay



Dr. Anne Nicolson



Dr. Mhari Linklater



Dr. Sarah Stevenson



Dr. Angus Rickman



Dr. Iain Craighead



Dr. Huw Thomas



Sylvia Barnett  
Practice Nurse



Louise Stevenson  
Practice Nurse



Karen Dowell  
Health Care Assistant



Diane Muir  
Health Care Assistant

### *Congratulations*

We would like to say a big congratulations to Susan Wishart who has had a new baby boy called James, both mum and baby are doing well and we look forward to her return.

And also to Dr Huw Thomas and his wife Mimi who have had a new baby girl called Maya, both mum and baby are doing well.

### **New Years Resolution: Stopping Smoking**



Are you thinking about stopping smoking? For help and advice you can contact your GP or Smoking Matters Orkney on the details below:

Richard Harrison  
Smoking Cessation Adviser  
Health Improvement Service  
62-64 Victoria Street  
Kirkwall  
Orkney KW15 1DN

Tel: 01856870690    Mobile: 07500121900  
Fax 01856870691  
Email [Richard.harrison2@nhs.net](mailto:Richard.harrison2@nhs.net)

### *Office Changes*

We have recently appointed Christine Newlands as part of our busy office team. She will be starting in January to cover Nicky Stewart who will be away on maternity leave early 2009.

Gina Flett has also now become a permanent member of the office staff.

### *Do We Have Your Correct Details?*

*There are a number of occasions when we may need to contact you, so having your correct address and telephone number is of great importance. Please keep us informed of your up-to-date address and phone number either by giving us a phone or at the reception desk when you are in.*

*Thank you.*